

# PHYSIOTHERAPY

Long-cycle studies (Master of Science)

Vincent Pol University in Lublin



**Physiotherapy is a medical profession providing healthcare services with respect to restoring and maintaining proper body functionality and mobility. In many settings, physical therapy is combined with other medical services, aimed at prevention and treatment of illnesses.**

Our **5-year MSc Physiotherapy programme** has been developed with full reference to recent changes in health service provisions in EU and within education standards and directives of the **World Confederation for Physical Therapy (WCPT)**. The future physiotherapists are taught by experienced health care professionals who are committed to ensuring that students will develop the

knowledge, skills, attitudes and values which they will then use to identify patient problems, set treatment goals, select and safely apply appropriate evidence-based physiotherapy treatment so that patients reach their maximum potential.

Our Physiotherapy programme provides an innovative, student-centred and employability-focused curriculum. Students gain the knowledge of the most up-to-date forms of manual therapy (Kinesiotaping), neurodevelopmental techniques (PNF, NDT-Bobath), physical medicine, functional diagnosis and rehabilitation programming. Graduates are prepared for work in scientific research institutions, and are eligible to apply for a professional specialty in physiotherapy as well as PhD studies. Apart from the compulsory study programme, students have the opportunity to attend voluntary supplemental certified courses.

## PLACEMENT

The programme includes clinical placements, integrated throughout the course. There is an opportunity to do practical training under the supervision of highly-qualified physiotherapists in a range of clinical facilities located locally, nationally and internationally.

## CAREERS

Physiotherapists treat an increasingly diverse range of patients. Within a hospital setting they may be engaged in healthcare of the elderly, mental health, neurology, orthopaedics, paediatrics, palliative, primary and respiratory care. Some physiotherapists choose to work in the private sector or in alternative settings such as rehabilitation centres, nursing homes, schools for physically challenged children, educational centres, Spa & Wellness facilities, fitness clubs, health and beauty clinics.

## KEY FACTS

Duration:	5 years (10 semesters)
The mode of studies:	full-time studies
Language of instruction:	English (TOEFL, IELTS 5.5, FCE B2). Students who have not passed any of the exams yet, may take English preparatory classes at VPU Lublin.
Credits:	300 ECTS
Requirements:	High School Diploma (legalized copy in English or Polish, adjusted apostille) which entitles its holder to apply to higher education institutions.
Fees:	200 Euro administration fee, 2 000 Euro per semester

# MODULES OVERVIEW

Programmes in English

## MSc Physiotherapy

Semester 1	Semester 2	Semester 3
<p>Ethics, Foreign Language, Philosophy, Psychology, Pedagogy, Sport Activities, Anatomy, Medical Biology, Physiology, Biochemistry, Biophysics, Kinesiology, General Pathology, Motor Skills Teaching Methodology and Motor Education, Introduction to Physiotherapy, Foundations of Diagnostic Radiology.</p>	<p>Foreign Language, World Health Care Systems, Sociology, Psychology, Foundations of Law, Anatomy, Physiology, Pharmacology in Physiotherapy, First Aid, Clinical Biomechanics, Motor Skills Teaching Methodology and Motor Education, Introduction to Physiotherapy, Kinesiotherapy, Physical Medicine, Nutrition in Sport, Foundations of Care for the Disabled, Active Forms of Relaxation (Pilates, Therapeutic Yoga, Tai Chi).</p>	<p>Foreign Language, Introduction to Physiotherapy, Kinesiotherapy, Physical Medicine, Medical Devices (Orthopedics Appliances, Prosthetics and Orthotics), <b>Clinical Bases of Physiotherapy in:</b> - Orthopedics, Traumatology and Sports Medicine, - Rheumatology, - Pediatrics and in Pediatric Neurology, - Cardiology and Cardiosurgery, - Pulmonology, - Psychiatry, - Intensive Medical Care, - Oncology and Palliative Medicine, Corrective Physical Exercises Active Forms of Relaxation (Pilates, Therapeutic Yoga, Tai Chi).</p>
Semester 4	Semester 5	Semester 6
<p>Foreign Language, Kinesiotherapy, Physical Medicine Massage , Manual Therapy, Physiotherapy in prevention and Health Promotion, <b>Clinical Bases of Physiotherapy in:</b> - Neurology and Neurosurgery, - Surgery, - Obstetrics and Gynecology, - Geriatrics, Active Forms of Relaxation (Pilates, Therapeutic Yoga, Tai Chi), Practical Training.</p>	<p>Functional Motor Activity and Physical Activities for the Disabled, <b>Clinical Physiotherapy in:</b> - Orthopedics, Traumatology and Sports Medicine, - Rheumatology, - Pediatric Neurology, - Cardiology and Cardiosurgery, - Pulmonology, - Surgery, - Geriatrics, - Psychiatry, - Oncology and Palliative Medicine, Functional Diagnostics and Rehabilitation Programming in Developmental Age.</p>	<p>Functional Motor Activity and Physical Activities for the Disabled, <b>Clinical Physiotherapy in:</b> - Orthopedics, Traumatology and Sports Medicine, - Neurology and in Pediatric Neurology, - Obstetrics and Gynecology, - Pediatrics, Functional Diagnostics and Rehabilitation Programming in Developmental Age, Manual Therapy (Kinesio Taping KT), Practical Training.</p>
Semester 7	Semester 8	Semester 9,10
<p>Didactics of Physiotherapy Public Health Demography and Epidemiology Economics and Health Systems History of Rehabilitation Special Methods in Physiotherapy Functional Diagnostics and Rehabilitation Programming in Dysfunctions of the Locomotor System, Functional Diagnostics and Rehabilitation Programming in Internal Medicine, Neurodevelopmental techniques (PNF,Neuromobilisations)</p>	<p>Methodology of Scientific Research and Statistics Management and Marketing Genetics Special Methods in Physiotherapy Functional Diagnostics and Rehabilitation Programming in Dysfunctions of the Locomotor System, Functional Diagnostics and Rehabilitation Programming in Internal Medicine, Neurodevelopmental techniques (PNF,Neuromobilisations) Master Theses Practical Training</p>	<p>Rules for Writing Papers and Public Speaking Master Theses Physiotherapy Practice</p>

### INFORMATION + ADMISSION

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